

May is Bike Month

BINGO



Biked on a sunny day	Rode someplace new	Said hello to another cyclist	Biked to get coffee or tea	Added air to my tires
Biked at least 10 miles	Encouraged someone else to ride	Posted about biking on social media	Logged my cycling trip as a workout	Participated in a special bike month event
Rode with kids	Visited my local bike shop	FREE	Biked a local trail	Biked in a bike lane
Biked to a park	Biked and had picnic	Biked to the grocery store or farmer's market	Wore important cycling gear	Took a scenic route
Changed a tire	Lubed a chain	Biked to a waterfront	Rode to a date	Weekend bike ride

“BIKING” INCLUDES:

- Electric Bicycles
- Stationary Bikes
- Handcycles
- Tandems
- Recumbents

And Other Adaptative Bicycles

